

## **Suicide group seeks artists' works**

The loss of a loved one by suicide can leave you in a dark and depressed place. You may never get completely out of that place, but you can heal. One form of healing is by helping others cope and heal.

The Elkhart County Suicide Coalition has received a Genesis Grant from the city of Elkhart for a community project. We are looking for people who are willing to express their feelings through art by using canvas, charcoal, crayons, oils or whatever choice you desire. Your art work will be displayed Sept. 6 at Mental Health America of Elkhart County, 1010 N. Main St., and at other locations at a later date. Your art will allow other people who have lost a loved one by suicide to see that they are not alone.

This also kicks off the annual Suicide Prevention! Awareness Walk, which will begin at 10 a.m. at Mental Health America and finish by noon (registration opens at 9:45 a.m.).

We ask that you title your work, but if you desire your name can remain anonymous. Limited funds are available to help purchase art supplies. Contact Barb Welty at the Elkhart County Health Department at 523-2119 for additional information.

Come out of the darkness into the light by making this step toward recovery and healing.

Laura Rasch  
Vice President  
Elkhart County Suicide Prevention Coalition